



## Local Resources & Community Assistance

### 211

Support line for the most comprehensive source of information about local resources and services - including assisting with bills, food and medical needs, housing and more.

[www.211.org](http://www.211.org)

### WHITE LAKE AREA

#### **Alcoholics Anonymous**

*Support group for substance abuse.*

[www.aa.org](http://www.aa.org)

Call: 800-839-1686

6227 South Shore Drive, Whitehall, MI 49461

#### **Ferry Memorial Reformed Church**

*Kids' Closet - free clothing, winter gear, boots, and shoes for elementary students*

*Thanksgiving Baskets - free Thanksgiving week meals for families and individuals in need.*

*Grief Share - support groups for individuals going through loss of loved one or period of grief.*

[www.ferrychurch.org](http://www.ferrychurch.org)

Call: 231-894-9415

8637 Old Channel Trail, Montague, MI 49437

#### **Lebanon Lutheran Church-White Lake Area**

Provides free groceries and pick up, meal services, along with always accepting donations.

<https://lebanonlutheranchurch.com/>

231-893-5745

1101 S Mears Ave, Whitehall, MI 49461

### MUSKEGON COUNTY & SURROUNDING AREA

#### **Every Woman's Place**

*Domestic violence and assistance shelter - offering counseling, crisis relief / crisis intervention, survivor advocacy and educational awareness.*

[www.everywomansplace.org](http://www.everywomansplace.org)

Call: 231-722-3333 (23-hour crisis hotline)

231-468-6060 (Monday-Friday from 9am to 5pm)  
1221 W. Laketon Ave., Muskegon, MI 49441

#### **Loaves & Fishes Pantry**

*Providing support services for adoption services, foster care, pregnancy support, counseling, food programs, senior services, family preservation, baby and toddler pantries, and social justice initiatives.*

Call: 231-722-9352

1095 3rd Street, Muskegon, MI 49441

#### **Love Inc**

Assist with bills, food needs, medical needs etc.

<https://loveincmuskegon.com/>

Call: 231-773-3448

1051 Peck St, Muskegon, MI 49440

#### **Catholic Charities Muskegon**

Catholic charities works to feed the hungry, counsel those who struggle, and build strong families throughout West Michigan.

<https://ccwestmi.org/>

231-726-4735

1720 Park St, Muskegon, MI 49441

#### **Fresh Coast Alliance**

A sober alliance that assists adult men and women with criminal records and/or addictions offering holistic programming, experienced coaching, and sober living.

<https://www.freshcoastalliance.org/>

231-286-1992

1128 Roberts St, Muskegon, MI 49442

#### **Mission for Area People**

Rental, medical, transportation & daycare assistance along with a food and clothing pantry.

<https://www.missionforareapeople.org/>

231-733-9672

2500 Jefferson St, Muskegon Heights, MI 49444

#### **Children's Special Healthcare Services**

Free or low-cost health care coverage for children

# Local Resources & Community Assistance

## HealthWest Main Office

Mental health treatment, substance misuse, disability, primary behavioral health & dental health, youth & family care, pharmacy.

<https://healthwest.net/>  
231-724-1111  
376 E Apple Ave, Muskegon, MI 49442

## Muskegon Rescue Mission

Connecting men, women and children experiencing homelessness, daycare, food or clothing needs, with assistance.

<https://muskegonmission.org/>  
231-727-6090  
2735 E Apple Ave, Ste D, Muskegon, MI 49441

## Oceana County Council on Aging

Assistance for senior whether it be in the home, or at adult day services. A loan closet of medical equipment, transportation, support groups, and more.

<https://www.oceanacoa.com/>  
231-873-4461  
4250 W Tyler Rd, Hart, MI 49420

## Public Health Muskegon County

Health services, environmental services, and community education.

<https://www.co.muskegon.mi.us/1712/Public-Health>  
231-724-6246  
1903 Marquette Ave, Suite S101, Muskegon, MI 49442

## Volunteer for Dental

An opportunity to volunteer in exchange for dental services.

<https://volunteerdental.org/contact-dental-help/>  
231-773-1360  
31 E Clay Ave, Muskegon, MI 49442

## Vitality At Home

Physical and occupational help for older adults to stay in their own home by remaining active to maintain their independence.

<https://vitalityptgr.com/>  
616-644-9155  
247 Luce St SW, Grand Rapids, MI 49534

## Senior Resources

Assistance for seniors whether it be in the home or at adult day services. Assistance with housing, exercise and social programs, a loan closet of medical equipment. Transportation, support groups and more.

<https://seniorresourceswmi.org/>  
231-739-5858  
560 Seminole Rd, Muskegon, MI 49444

## Trace Analytical Laboratories (Water Testing)

Provide home water test kits, along with drinking water analyses.

<https://trace-labs.com/>  
231-773-5998  
2241 Black Creek Rd, Muskegon, MI 49441

## Muskegon County WiC

Women, infants and children assistance with wellness, groceries, and more.

<https://www.co.muskegon.mi.us/1328/WIC>  
Public Health Muskegon County  
1903 Marquette Ave, Door 29, Muskegon, MI 49442

## Mid-Michigan Community Action Council

Assists with economic security, children & families, housing, assistance with veterans and seniors plus more.

<https://www.mmcaa.org/>  
231-557-7622  
878 Jefferson St, Muskegon, MI 49440